

Shropshire County Age Group Championships Programme 2009

**All Gala's will be at Market Drayton Swimming Pool
All events are Heat Declared Winners**

Gala 1

Saturday Feb 28th Warm Up 09.00 Start 10.00

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|----------|-------------------|---------------|
| 1. Boys | 100m Breaststroke | 12 yrs & Over |
| 2. Girls | 100m Backstroke | 11 yrs & Over |
| 3. Boys | 200m Ind Medley | 9 yrs & Over |
| 4. Girls | 200m Freestyle | 9 yrs & Over |

Lunch 1 hour

Warm up ½ hour

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| 5. Mixed | 800m Freestyle | Girls 11 & over, Boys 11 & Over |
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Gala 2

Sunday Mar 1st Warm Up 09.00 Start 10.00

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| 6. Boys | 100m Backstroke | 12 yrs & Over |
| 7. Girls | 100m Butterfly | 11 yrs & Over |
| 8. Boys | 200m Breaststroke | 9 yrs & Over |
| 9. Girls | 200m Breaststroke | 9 yrs & Over |
| 10. Boys | 200m Butterfly | 9yrs & Over |

Lunch 1 hour

Warm up ½ hour

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| 11. Mixed | 1500m Freestyle | Girls 11 years & Over, Boys 11 years & over |
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Gala 3

Saturday March 14th Warm Up 0900 Start 10.00

12. Boys	100m Freestyle	12 yrs & Over
13. Girls	100m Breaststroke	11 yrs & Over
14. Boys	200m Backstroke	9 yrs & Over
15. Girls	200m Ind Medley	9 yrs & Over

Lunch 1 hour

Warm Up 1 hour

16. Mixed	400m Freestyle	10 & Over
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Gala 4

Sunday March 15th Warm Up 09:00 Start 10:00

17. Girls	100m Freestyle	11 yrs & Over
18. Boys	100m Butterfly	12 yrs & Over
19. Girls	200m Butterfly	9 yrs & Over
20. Boys	200m Freestyle	9 yrs & Over
21. Girls	200m Backstroke	9 yrs & Over

Lunch 1 hour

Warm Up ¾ hour

22. Mixed	400m Ind Medley	10 yrs & Over
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Gala 5

Saturday March 28th

Warm Up 08:30

Start 10.00

23. Boys	50m Freestyle	9 yrs & Over
24. Girls	50m Butterfly	9 yrs & Over
25. Boys	50m Backstroke	9 yrs & Over
26. Girls	50m Breaststroke	9 yrs & Over

Interval 10 minutes

Swimmers for skins event will be selected from 200 I/M

27. Boys	Medley Skins	14 yrs & Under
28. Girls	Medley Skins	13 yrs & Under
29. Boys	Medley Skins	15 yrs & Over
30. Girls	Medley Skins	14 yrs & Over

Lunch 1 hour

Warm Up 1 ½ hrs

31. Boys	50m Butterfly	9 yrs & Over
32. Girls	50m Backstroke	9 yrs & Over

33. Boys	50m Breaststroke	9 yrs & Over
34. Girls	50m Freestyle	9 yrs & Over

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Sunday March 29th

Warm Up 08:30 Start 10.00

35. Boys	100m Ind Medley	12 yrs & Over
36. Girls	100m Ind Medley	11 yrs & Over

Interval 10 minutes

37. Boys	Freestyle Skins	15 yrs & Over
38. Girls	Freestyle Skins	15 yrs & Over
39. Boys	Freestyle Skins	14 yrs & Under
40. Girls	Freestyle Skins	14 yrs & Under
41.		

Lunch 1 hour

Warm Up 1 hour

Team Events will be Heat Declared Winners

42. Girls	Freestyle Team	4 X 50m	Open
43. Boys	Freestyle Team	4 X 50m	Open
44. Girls	Freestyle Team	4 X 50m	10 & Under
45. Boys	Freestyle Team	4 X 50m	10 & Under
46. Girls	Freestyle Team	4 X 50m	12 & Under
47. Boys	Freestyle Team	4 X 50m	12 & Under
48. Boys	Freestyle Team	4 X 50m	14 & Under
49. Girls	Freestyle Team	4 X 50m	14 & Under
50. Boys	Freestyle Team	4 X 50m	16 & Under
51. Girls	Freestyle Team	4 X 50m	16 & Under
52. Boys	Medley Team	4 X 50m	Open
53. Girls	Medley Team	4 X 50m	Open
54. Boys	Medley Team	4 X 50m	10 & Under
55. Girls	Medley Team	4 X 50m	10 & Under
56. Boys	Medley Team	4 X 50m	12 & Under
57. Girls	Medley Team	4 X 50m	12 & Under
58. Boys	Medley Team	4 X 50m	14 & Under
59. Girls	Medley Team	4 X 50m	14 & Under
60. Boys	Medley Team	4 X 50m	16 & Under
61. Girls	Medley Team	4 X 50m	16 & Under
62. Mixed	Freestyle Team	10 X 50m	One boy & One Girl from each age group